



European project TRIO EDUCATION : Trainers, Parents, Children

Title / theme :

The project "Trio Education: Trainers , Parents, Childrens" starts from the analysis of the phenomenon of aggression of children and adolescents

Venue : Association FenêtreS,

169, avenue Charles De Gaulle, 69160, Tassin la demi-lune, floor 1

11 Avenue Alphonse Baudin 01000 Bourg-en-Bresse

LTTA 1 : 6, 7, 8 June 2022

WARNING: for Sunday evening the accommodation must be in Lyon, HOWEVER we go Monday evening to Bourg-en-Bresse. You must therefore take accommodation in Bourg-en-Bresse from Monday to Thursday. Thanks you !

Description of the sessions:

- Theoretical approaches and examples of good practice.
- Strategies to build personalized support.
- Preventive intervention strategies

Place : Lyon et Bourg-en-Bresse, France.

Participants: 3 members of each institution from 5 different European countries x 5 = 15 European specialists who work with families in difficulty: social workers, psychologists, doctors, lawyers and parents concerned by this problem.

The methods are based on an alternation of theoretical presentations, didactic and methodological contributions, practical case studies and scenarios, sharing of the personal and collective experiences of the participants.

DAY 1 :Monday 6 june 2022 in Bourg-en-Bresse, with Frédéric WEBER

Theoretical approaches to the project theme

Session 1 : Presentation of the experience of the FenêtreS Association in the field of parental education.

Objectives :

- Understand the meaning and methods of the systemic approach;
- Acquire conceptual and methodological elements specific to relationships with families and examples of local projects;
- Understand complex situations and know the possible ways to solve parents' problems.



Methodology of the activity: presentations, media presentations, debates.

Session 2 : Interaction with families, theoretical approaches and examples of good practice.

Objectives :

- Understand interactions with the family,
- The role of information in the interaction process,
- The challenges of interacting with the family.
- The role of information in the interaction process,
- The challenges of the "triangular relationship" - professionals, families, children.

Methodology of the activity: presentations, media presentations, exchanges and debates.

Results: Participants will gain knowledge and skills regarding the organization of a project with parents and an "à la carte" service, interaction strategies to solve parents' problems.

DAY 2 : Tuesday 7 June 2022 in Bourg-en-Bresse

Session 1 : Building personalized support for parents: examples of good practices.

Objectives : Learn strategies to build personalized support according to the needs of children and the expectations of parents.

Methodology: Workshops, role plays, case study, media presentation, debates.

Speakers:

- **G rard LAUBY, addiction prevention worker:**
 - practical exchange: prevention of addictions
 - workshop: glasses, simulation of a state of drunkenness
- Visited the establishment and presentation training center of ENSEIS, support for parenting in young children or adolescents with **Virginie GRIGNOLA-BERNARD, ENSEIS Director of the AIN.**

Results: knowledge, skills and strategies to create personalized work techniques according to the type of aggression and the expectations of the parents; media resources (links, short films, specialized sites).

Session 2 : Preventive intervention for parents who encounter difficulties in raising aggressive children.

Objectives : know how to develop modes of multi-professional cooperation around families; know examples of interventions of this type multi professional around families; learn



examples of good practices and types of preventive intervention strategies and motivate parents to actively participate in social worker interventions.

Methodology: workshop, media presentation, case study, debates.

Results: knowledge, skills and strategies to educate and motivate parents.

DAY 3 : Wednesday 8 June 2022 in Bourg-en-Bresse

Session 1 : The media

Media networks as tools to meet the needs of parents and support them in their educational role: community education (AEP).

Objectives: to learn how to meet the needs of parents through specialized networks created at regional level.

Session 2 : Areas of intervention for parents in difficulty: consultation in the office, media consultation, home support, immediate educational intervention.

Objectives : learn to respond to parents' difficulties with their children.

Speakers:

- **Rédouane - special educator and sexologist**, explanation of their accompaniment at 11 am;
- **Salina NAFA - head of Department**, exchange of practices + visit of their premises at 1pm;
- **Sandrine MORINGE - emotion Management Workshop**, works on the management of emotions that improves behaviors and relationships between people at 3pm.

Methodology: workshops, visits to structures and/or services, debates.

Results: types of interventions, parental support and intervention strategies.

Session 3 : Evaluation of the activities of the 3 days.

Assessment tools: questionnaires for participants, discussions, debates.
Recognition of results thanks to Europass Mobility certificate.



FINANCIAL AND PRACTICAL CONDITIONS

- ❖ In view of the budget paid, we remind you that accommodation, transport and food for its three days are at your expense.

How to arrive to Lyon ?

Two main means of transport from the airport:

- Private taxis or;
- Tram.

The most popular way is to travel by tram. The tram is called Rhonexpress and connects the airport directly to the main Part-Dieu train station.

<https://store.lyonaeroports.com/marketplace/rhonexpress/>

WHAT TO BRING WITH YOU ?

Your passport or ID card All your travel tickets!!! If you need them (anti-allergy pills, pain killers, aspirin etc.), camera – it is not obligatory, but it can be useful Comfortable and hot clothes and shoes for the workshops which will take place indoor and outdoor.

WEATHER

We expect a warm weather. Last year in may was between 15-26 degree with maybe rain.

ABOUT LYON ([Accueil | Ville de Lyon](#)) AND BOURG-EN-BRESSE (<https://www.bourgenbresse.fr/>):

